We're all carrying something.

Tough decisions weighing on our minds.

Bills and debt.

Regret, guilt, and shame.

The loss of meaningful and significant relationships.

Questions, doubts, and anxiety.

Trauma and other heavy emotional baggage.

This world can be tough sometimes. For many of us, a number of the wounds and scars that we carry have been caused by a world that can at times be unjust, inequitable, and simply unfair. Our world is flawed – filled with imperfect systems and people carrying all kinds of brokenness. At its best, the church is a place where people from all walks of life can gather in community and experience a love that brings forth hope, strength, renewal, and a sense of belonging. The church is also a living, breathing, walking entity that goes into the world and shares that love with its neighbors.

As Christians, we're called to be in the church AND to be the church in the world. While we aspire to be and do our best at all times as the church, sometimes despite our best efforts, we fall short.

Sometimes, we judge when we should love.

Sometimes we critique when we should come together.

Sometimes we attack when we should affirm.

Sometimes the CHURCH HURTS. Whether we've been directly hurt by the church or we know someone that has been hurt by the church, church hurt is REAL.

For the next 5 weeks, we'd like to invite you to come with your questions, doubts, fear, struggles, and trauma and we'll unpack it all together. FULL DISCLAIMER – We're not here to fix you. We're here to love you, as Christ simply called us to do as the church.

Come if you're curious. Come if you're cautious. Join us and we'll join you.