



Life can be quite exhausting sometimes, can't it? We are all juggling so much - our relationships, responsibilities, mental health, jobs, and the list goes on and on. In the many different facets within our lives, we all have to wear many different hats that require us to fully give our time, focus, and energy. Out of our desires to chase after our images of success and other worldly ambitions, we tend to give all of ourselves in the tireless pursuit to achieve our goals.

**No matter how much we strive to find the perfect balance in our lives, it often feels like something always gives and far too often, we sacrifice the things we NEED in pursuit of the things we WANT.**

When we don't manage and prioritize our time well, we can end up taking our rest, relationships, and health for granted and putting them on the back burner.

Beginning on Wednesday, October 23rd, we will spend 3 weeks addressing the existential question - how can we make the most out of the time that we have in our days and lives? We will focus on how we can live out our days in ways that truly matter to us. In our relationships with work, others, and ourselves, we will focus on how we can prioritize and balance the important things in our lives while juggling the many responsibilities and commitments we have.

**The life that God wants for you is hanging in the balance - let's close the distance together.**

See you there!