Children's Sunday School | Sunday, June 21

Matthew 10:24-39 - Trusting God when we are called to be courageous.

Opening Family Prayer

Gracious God,

Thank you for being with us in times of great joy and in our wilderness moments.

Help us to stand fearlessly with those who are marginalized.

Grant us the courage to seek justice in your name.

Amen.

Read Scripture Matthew 10:24-39

Family Discussion

- The book of Matthew was most likely written about 80 years after Jesus was born for Jews who believed that Jesus was the Messiah. It was dangerous to be a follower of Jesus.
- What might have been some of the fears of the people in Matthew's community?
- How would they have possibly found courage in these words from Jesus? Which words from Jesus' teachings might help you to find courage?

Create a Prayer

As a family create a Diamante (in the shape of a diamond) prayer and say it together. Instructions-Line one- A noun, Line two- 3 adjectives, Line three- 5 verbs (ending in- ing) Line four- 3 adverbs, Line five-a noun that is opposite of the first noun. Think of things in your family's life that causes fear, worry or pain and write down words that come to your mind when you think of these things. Here is an example of a diamante poem prayer that moves from Fear to Trust.

Fear
Dark, fierce, huge
Bursting, burning, clenching, dissolving, finishing
Slowly, steadily, finally
Trust

As a Family make Courage Cards - Matthew's community discovered that it took courage to follow Jesus. It still does. On an index card write "God is always with me." Turn the card over and write, "God give me to courage to______" and fill in the blank.

Help Others

Drop off donations for the VCU Food Bank drive at Reveille. <u>Details</u>
Drop off supplies for the CARITAS kits at the church underneath the Reveille House. <u>Details</u>

Watch This Video

Safe inside your Love - https://youtu.be/cXVAGW1qMlc I am The Church- https://youtu.be/50kEqdXz3ao

After the Video

Dance to this song, "Safe inside your Love"? Does it remind you that God will keep you safe? Have your family sing the refrain with you from "We are the Church." Follow <u>Tam Tam's instructions</u> to <u>make a recording</u> of you singing.

Respond Say the Lord's Prayer together or pray the Diamante poem prayer your family wrote together or say them both.

Remember and Recall

Jesus reminds us to trust God when we are called to be courageous. God will keep you safe!

Closing Prayer Video

Watch the Christian Mindfulness Prayer for June 21: https://youtu.be/2Y-3RNt9eP0