

Children's Sunday School | Sunday, May 17

Psalm 121 & John 14:15-21

Opening Family Prayer

Holy God,
Pour your light down on us.
Surround us with your light and love.
Guide us to follow and trust you.
May we shine and reflect your light and love into the world. Amen.

Read Scripture [Psalm 121](#) and [John 14:15-21](#)

Family Discussion

- How do you show that you trust your parents? Do you follow their rules?
- Is it hard to trust sometimes, why or why not?
- The scripture in John has Jesus reminding us that we will have help from the Spirit. Have you ever felt the Spirit helping you, if so how?
- The Holy Spirit has been translated from Greek to mean Advocate or Paraclete, which means defender, helper or comforted. Have you felt that the Lord has defended, or helped or comforted you? If so when?

Create

Write your own family prayer, using this formula of a [Cinquain poetry](#) and the finished product looks like a diamond. Take a picture and send it to Tammy or [post on the children and youth Facebook page](#).

- One word - Title of prayer, what you call God
- Two words - describing God
- Three words - actions that God makes
- Two words - describing God
- One word - another word for God

Make a chalk drawing- using symbols for the Holy Spirit of flames, peace signs, or doves and God as your protector, making up your own symbols.

Help Others

Drop off Toiletry Kits for CARITAS

Put together toiletry kits in ziplock bags containing: a standard toothbrush, toothpaste, alcohol-free mouth wash, deodorant, soap, floss, travel cotton swabs, and lotion. Kits can be dropped off in the plastic bin under the Reveille House steps facing the rear parking lot. For details, contact Tammy, children@reveilleumc.org.

Call a family member that lives far away from you and encourage them.

Watch This Video <https://youtu.be/oCVRIRCaz58>

After the Video

Can you do the dance? Can you dance like a lion?

Respond

Say this [children's version of The Lord's Prayer](#) together and the Cinquain prayer that your family composed together.

Remember and Recall

Jesus said that He would be sending the disciples a Helper or Holy Spirit. Jesus has also given you the Holy Spirit to be with you always!

Closing Prayer Video [Watch the Christian mindfulness family prayer for May 17](#)