

Children's Sunday School | Sunday, April 19

Trust and Rejoice John 20:19-31

Opening Family Prayer

Holy One,

Fill us with your spirit of peace and joy.

We thank you for the risen Christ who gives us all hope.

Let us share the love of the Risen Christ this week and always. Amen.

Read Scripture [John 20:19-31](#)

Family Discussion

- This week's Bible story shares that Jesus' friend Thomas had to see for himself in order to believe something. Can you recall and name a time when something happened and you had a hard time believing it?
- How do you think that the disciples felt when Jesus appeared so suddenly?
- What happened to help Thomas to believe?
- Jesus said, "Peace be with you." In what ways do you think we can share the gift of peace with others and creation?

Create your own family ACROSTIC prayer using the word TRUST and say it together. (To create an acrostic prayer you will create a five line prayer: the first line of the first word of the prayer will begin with the letter T, the second line will begin with R, the third line will begin with the letter U and so on.)

Help Others

Call a family member that lives far away from you and encourage them.

Help a family member or neighbor from a safe distance.

Make a Card for a homebound member of this church and mail it to them or mail it to Tammy at the church and she will mail it. Try to use some items from nature to inspire what you color, paint, or draw.

Church address: Reveille UMC, Attn: Tammy Tipton-Nay, 4200 Cary Street Road, Richmond, VA 23221

Make a chalk scene using different symbols and words for peace in different languages: Spanish- Paz, Italian- Pace, Turkish- Baris, Hebrew- Shalom, French-Paix, Danish- Fred, Dutch- Vrede, and Scots- Pace.

Watch This Video

[Deep Blue Adventures Spring 2020- Jesus Prays- E9](#)

After the Video

Discuss these questions as a family: do you need to see something to believe it? If so, what do you need to see to believe? If not, what do you believe without having to see it? Do you think that is what faith is, believing without being able to see it?

Respond Decorate small river rocks with Peace Signs or the word PEACE then take a family walk and place the rocks in your neighborhood for neighbors to be pleasantly surprised when they discover them. Say the [Lord's Prayer](#) together or pray the Acrostic prayer your family wrote together or say them both.

Remember and Recall

We are invited to receive the gift of God's peace in Jesus with trust and joy! Trust God with your life and know that you only have to accept this great gift of peace.

Closing Prayer Video

Watch the Christian Mindfulness Prayer Breath prayer ["Loving God – Breath in, be with me now, exhale."](#)

Resources

<https://www.mindfulschools.org/free-online-mindfulness-class-for-kids/>

<https://www.childrensbulletins.com/covid19-childrens-activities-for-churches>