THF **FOOD & CLOTHING SWANSBORO DRIVE**

February 2-March 1

Help restock the food pantries at Koinonia Christian Church and Love Center of Unity and supply clothing to Swansboro Elementary!

The next time you are at the store, pick up some items from the Big Food & Clothing Drive shopping list. Bring your donations to the welcome center February 2-March 1. Please limit donations to items on the list and make sure all food items are well within the "sell by" date.

FOOD DRIVE LIST

Boxed Foods

Pasta

Rice

Beans

Dry milk or creamer

Macaroni and cheese

Low-sugar breakfast bars

Hot and cold cereals

Whole grain snacks

Canned Foods

Chili

Chicken soup

Brunswick stew

Tuna

Salmon

Vegetables (low sodium

preferred)

Beans

Fruit packed in juice 100% fruit juice boxes

Peanut butter

Spaghetti sauce (in plastic iars)

Personal Care Items

Soap, Toothpaste, Shampoo, Baby diapers, Baby formula

For Kids

Tuna in single serving cans 100% fruit snacks Raisins Graham crackers Unsweetened apple juice Crackers with cheese Fruit cups Pretzels

Granola bars (no peanuts)

CLOTHING DRIVE LIST

Children's Sizes | Extra Small to Extra Large Sweatpants, long sleeve shirts, underwear, and socks